



United States Department of Agriculture
Food and Nutrition Service

Southeast Region

Reply to

Attn. of: SERO Policy

January 24, 2004

Subject: Policy Memorandum 210.10-42; 226.20-33: Meal Pattern Requirements for Infants 8 through 11 Months in the Child Nutrition Programs

To: All State Directors

Child and Adult Care Food Program (CACFP)

National School Lunch Program (NSLP)

Southeast Region

We have recently received questions about the appropriate number of components that fulfill the meal pattern for lunches and suppers served to infants 8 through 11 months of age. This memorandum clarifies that, for this age group of infants, a reimbursable lunch or supper has three components. A reimbursable lunch or supper must include:

(1) Fluid Milk:

6 to 8 fluid ounces of breast milk, or iron-fortified infant formula, or both

(2) Cereal, or "Meat/Meat Alternate," or both:

2 to 4 tablespoons of iron-fortified dry infant cereal

or

1 to 4 tablespoons of meat, or

1 to 4 tablespoons of fish, or

1 to 4 tablespoons of poultry, or

1 to 4 tablespoons of egg yolk, or

1 to 4 tablespoons of cooked dry beans, or

1 to 4 tablespoons of cooked dry peas, or

½ to 2 ounces (weight) of cheese, or

1 to 4 ounces (volume) of cottage cheese, or

1 to 4 ounces (weight) of cheese food

or

appropriate quantities (as listed above) of cereal and meat/meat alternate

(3) Fruit or Vegetable:

1 to 4 tablespoons of fruit, or vegetable, or both

We hope this information makes it easier to understand the infant meal pattern requirements that are written in sections 226.20(b)(5)(iii)(B) and 210.10(o)(5)(iii)(B), and the accompanying tables in sections 226.20(b)(6) and 210.10(o)(6). If you have any questions, please contact this office.

PEGGY FOUTS
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Special Nutrition Programs

